

Woodhaven Middle School Newsletter

May, 2023

Leadership Message

As we enter the final stretch of the school year, I wanted to provide an update on a few important matters. First, our students in grades 6, and 9 will be taking the written portion of the Provincial Achievement Tests (PATs) in the coming weeks. These tests are an important tool for assessing student progress and identifying areas where additional support may be needed in writing. I encourage all students to do their best and to take advantage of the resources available to them to prepare for these exams.

In addition, I wanted to remind everyone that our school is committed to fostering a positive and inclusive learning environment for all students. We have been working closely with our teachers and staff to ensure that our classrooms are safe and welcoming spaces where every student can thrive. I am proud of the work that has been done so far and look forward to continuing to build on these efforts in the coming school year.

Finally, I want to extend my thanks to all of our parents and guardians for your support throughout the school year. Your involvement and engagement have been critical to the success of our students, and

we are grateful for your partnership. As we approach the end of the year, I encourage everyone to stay engaged and to remain committed to our shared goal of providing the best possible education for our children.



Thank you to our School Council and Parent Association for the Staff Appreciation Breakfast on Friday...It was SO SO Appreciated!!!

Thank you for your continued support and

partnership in your child's education.

Please do not hesitate to reach out if you have any questions.

Take care,
Nealle

Key dates this month:

May 2 - Wear Green

May 3- Hats on for Mental Health

May 5 - Immunization Round 2

May 8 - 11 - PCAA Sr & Jr. Badminton Finals

May 9 - Visual Arts Celebration at Memorial Composite High School

May 12 - Gr. 7-9 Track Meet @Woodhaven

May 15 - Grade 9 ELA PAT part A

May 16 - WH Gr. 4-6 Track Meet

May 17 - Grade 6 ELA PAT part A

- School Council Meeting @6:00pm, Parent Society Meeting to follow

May 18 - East Zone Track Meet

May 19 - PD DAY NO SCHOOL

May 22 - Victoria Day - NO SCHOOL

May 26 - PCAA Division Track Meet

General Information

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2022/2023 School Year.

Reporting Absences

To report an absence for your child, please email woodhaven@psd.ca or call and leave a message at the school office (780-962-2626). Please include the student's name, teacher (or grade), and reason for the absence in your message.

Drop-Off & Pick-UP

Our doors open to students at 8:15am when outside supervision begins. If students arrive prior to 8:15, there is no outside supervision. After school supervision is from 3:06 to 3:10pm. Please give buses the right of way when entering and exiting the parking lot.

Visiting Woodhaven

We are happy to welcome you to our beautiful new school. When you arrive at the school, please check in at the office.

School Fees

Please login to the Parent Portal to view and pay your child's school fees. If you have questions or need assistance, please do not hesitate to contact our school office.

2022-2023 Bell Schedule

Our attendance calls go out automatically at 9:10am. If your child will be late or absent, please let the office know.

Bell Times	Breaks and Periods
8:20am	Warning Bell

8:23-9:11am	Block 1
9:14-10am	Block 2
10-10:15 am or 10:15-10:30 am	Recess
10:18-11:04 am	Block 3
11:07-11:54 am	Block 4
11:54 am-12:16 pm	Lunch Break First Half
12:16-12:38pm	Lunch Break Second Half
12:38-12:41 pm	Warning Bell
12:41-1:28pm	Block 5
1:31-2:17pm	Block 6
2:22-3:06pm	Block 7

Athletics

Track & Field - The month May is a huge track & field month. Our students have been working hard in their PE class to prepare for our track meets coming up. Students will not only have the opportunity to compete in their favorite events, but also the opportunity to represent our school at a variety of track meets. Information will be sent home with students who qualify from our Woodhaven track meets to the next competitions.

Here is the list of track meets in May/June:

Elementary Track Meets

- Tuesday May 16th Grade 4-5-6 Woodhaven Track Meet
- Tuesday May 30th PSD Division Elementary Track Meet @ Stony Plain Central

Junior High Track Meets

- Friday May 12th Grade 7-8-9 Woodhaven Track Meet
- Thursday May 18th East Zone Track Meet @ Spruce Comp
- Friday May 26th PCAA Division Track Meet @ Stony Plain Central
- Thursday June 1st Zone 5 Track Meet in Sherwood Park

Badminton - Our Junior and Senior teams will be wrapping up their season in the PCAA badminton county championship May 8-11th. Games will be happening at a variety of schools in

Spruce Grove and Stony Plain, including many here at Woodhaven. Good luck Wolfpack!

Spring League Basketball - The sounds of basketballs bouncing have filled the gym after school for the past month. The return of our Woodhaven Spring League basketball has been a huge success. This year we also welcomed the grade 4's from Brookwood to join our current grade 5 & 6 students in the league. All in total we have over 120 students participating. The league was kicked off with a skills camp and then the students were split into a variety of different teams for game play. Each day new basketball rules and skills have been introduced. The coaches are current grade 7-8-9 Woodhaven students and the refs are all former Woodhaven students giving back! A huge thanks goes out to Mr. Chan for all of his time and efforts organizing the league.

Soccer - Our Woodhaven Soccer team has been formed and their season has started. This year our team is once again a co-ed team that is playing in the PCAA division 1 league. Thanks to our coaches Mrs. Stavreski, Ms. Phillips, and Mr. Nordstrom for making this team possible.

Student vs Staff Hockey Game- Our annual student vs staff hockey game is scheduled for Thursday May 5th at 1:00pm at Grant Fuhr arena. This event is always a highlight of the school year!

Instagram - Follow us on our Athletics Instagram Account @WoodhavenAthletics
<http://www.instagram.com/woodhavenathletics/>

Fine Arts

"MY CLASSMATE'S AN ALIEN"

Woodhaven Performing Arts' production of "My Classmate's an Alien!" is all wrapped up after 8 shows including an evening showcase with Greystone and competing in the Zone II West One Act Play Festival in Edson, AB April 27-28.

Woodhaven won the following awards at the Drama Festival:

- Best Production!
- Outstanding Achievement in Visual Production
- Outstanding Achievement in Ensemble Acting
- Best Stage Tech
- Acting: Comedic Trio - for the NSA Agents
- Acting: Chemistry as a duo - Nathaniel and Benny
- Performance by an understudy



Calendar

Our School Calendar has changed from last year...and boy is it more user friendly than the previous calendar. As it is no longer a google calendar, all you have to do is go to the [calendar on our website](#) and click on one of:

[Download to iCal](#) [Add to Google Calendar](#) [Subscribe to Calendar](#)

located at the top of the calendar on our website. You can then search by grade level, event or topic to find information you are looking for as needed.

School Council & Parent Association

WE WANT YOU TO JOIN US!

School Council News

Please email: woodhaven.scchair@partner.psd.ca if you are interested in joining our school council committee as our secretary or if you have any questions.

Woodhaven School Council Secretary – Vacant

• Please email woodhaven.scchair@partner.psd.ca if you are interested in joining our school council committee as our secretary, or if you have any questions.

School Council Meeting & Parent Association Meeting: Wednesday, May 17 @6:00pm at Woodhaven School. Come and meet fellow parents and learn what is going on in our school and Parkland School Division!

Message from our Counselor



AHH... May is here. Time to enjoy the outdoors more often and get in some great [mindfulness challenges](#)!!!!

Here are some more [challenges](#) you and your family/students may enjoy.



Have some fun celebrating these National events this month:

May 1-7 - [Canada Mental Health Week](#)

May 3rd (Wednesday) - Hats on for Mental Health Day

Help For Hard Times - [click here for support numbers](#)

[Walk In Clinic Information](#)

[Children, Youth & Depression](#)

[Anxiety Youth](#)

NOT SURE WHO TO CALL? CALL 211

24-hour information and referral line connecting you to social, health, and government services. Call now and get connected.



Parent Learning Opportunities

Check out this month's [Newsletter](#) from AHS Caregiver Education Series. Registration Sessions are offered online through the Zoom conferencing application. A link to access the online session will be sent by email to those who have registered for the session. To register, click [HERE](#) or go to: www.cyfcaregivereducation.ca

[Understanding Autism](#)

(for parents and caregivers of children and youth in grades K-12)

Wednesday, May 3rd 6:00-7:30 pm

Parenting Strategies for Positive Mental Health

(for parents and caregivers of children K-6)

Part 1 - Increasing Wellness Deposits - Tuesday, May 23rd 12:00 – 1:00 pm

Part 2 - Reducing Wellness Withdrawals - Tuesday, May 30th 12:00 – 1:00 pm

Silver Linings- Supporting Wellness in the later years

Part 1 - Tuesday, May 9th 12:00 – 1:00 pm

Part 2 - Tuesday, May 16th 12:00 – 1:00 pm

Test Anxiety- Strategies for Success

For parents and teens to attend together

Wednesday, May 31 6:00 – 7:30 pm

New! [Child and Adolescent Addiction & Mental Health Resource Links](#)

On our website, you will find additional [resource links](#) to a variety of community websites, webinars, handouts, and modules on addiction and mental health topics pertaining to children and youth and sorted by audience (parents and families, youth, health professionals).

TRI REGION FOOD RESOURCES

FOOD HAMPERS

PARKLAND FOOD BANK

105 MADISON CRESCENT, SPRUCE GROVE

Monthly Food Hampers

By appointment 780-962-4565 ext. 1

Tuesdays 8:30AM-4:30PM

Wednesday 8:30AM-2:00PM + 6:20-8PM

Friday 8:30AM-4:30PM

Saturday 8:30AM-12:30PM

WECAN FOOD BASKET

Fresh Nutritious Affordable Food Basket

587-338-1101

Order by first Friday, pickup on third Thursday of Month

Monday - Friday, 9AM-4PM

BASIC NEEDS HELP

COMMUNITY HELPS TEAM NEIGHBOURLINK PARKLAND

180 CENTURY RD,

SPRUCE GROVE

By appointment

780-962-5611 / 789-306-1955

By appointment 780-960-9669

www.neighbourlinkparkland.ca

neighbourlink.parkland@telus.net

COMMUNITY MEALS

AUGGIES CAFE

131 CHURCH RD, SPRUCE GROVE

Drop-in for Bagged Lunch Take Out

Tuesdays 12-1 PM

FOOD FOR THE SOUL

49 BOULDER BLVD, STONY PLAIN

Drive by Meal to Go

First and Third Saturday 10AM - 1PM

GRACE'S TABLE

250 CENTURY RD, SPRUCE GROVE

Meal to Go

Second Friday 5PM-6:30PM

www.sgac.net/eventregistration or 780-962-4700

COMMUNITY TABLE

180 CENTURY RD, SPRUCE GROVE

Hot Meal to Go

Last Friday

www.sgconline.breezechms.com/form/communitytable

or 780-962-5611

COVID

Woodhaven and Parkland School Division are excited that the World is Opening Back Up. 2022-2023 should finally start to feel like what a school year is supposed to feel like. While the pandemic is officially over, our new reality is that COVID-19 is here to stay.

With that being said, there are many measures that were previously implemented that just make sense to continue. Above all, we encourage anyone who is feeling ill to stay home from school. If you are exhibiting any of the key symptoms known for [COVID-19](#), we encourage you to access one of the many test kits that are also available at the school. Meanwhile, PSD will continue the following:

- Hand sanitizer will still be readily available at all schools,
- Students will continue to be reminded of the importance of thorough hand-washing hygiene,
- School staff will ensure that appropriate cleaning of high touch areas will continue,
- The frequency at which air filters are changed in PSD has also been increased and air handling/ventilation equipment in all schools has been adjusted to maximize the number of air exchanges within the schools. All schools will operate filtration systems that meet or exceed the Minimum Efficiency Reporting Values (MERV) 13 air filtration rate, and
- Where practical, entrances and exits can be used to efficiently reduce crowding during high traffic times of the day.