

Woodhaven Middle School Newsletter

May, 2024

Leadership Message

Dear Parents and Guardians,

As we transition into the month of May, I hope this message finds you all in good health and high spirits. It is so hard to believe we are in the final 2 months of the school year! It will be June 30th before we know it, as these are perhaps the busiest months of the school year.

Assessment Updates:

I want to inform you that this year, Grade 6 Math and Language Arts Provincial Achievement Tests (PATs) will not be administered this school year by the Provincial Government.

For Grade 9 students, the Language Arts Part A will be on: Monday, May 13th, 2024. This is the writing portion of the exam, so students will require their own Dictionary and Thesaurus on the day of the exam.

Importance of Attendance:

As we approach the final stretch of the school year, I want to emphasize the significance of attendance. Regular attendance plays a pivotal role in academic achievement and overall student success. I urge all students to make every effort to attend classes regularly and punctually as we work together to finish the year strong.

Smartphone Use in School Survey:

The Alberta Government sent a survey out to the public regarding cell phone usage within the schools. This survey closes on May 3, 2024. Feel free to take a moment to complete the survey.

[Alberta Government Cell Phone Survey](#)

Upcoming Events:

Mark your calendars for the **Parkland School Division's Try-Me Try-Athlon** scheduled for **June 7th!** **Registration will open on May 10th**, offering students an exciting opportunity to showcase their

athleticism and team spirit. Let's come together as a community to celebrate health, wellness, and camaraderie.



TRY-ME TRY-ATHLON
powered by **PARKLAND SCHOOL DIVISION**

**FRIDAY
June 7
2024**

REGISTRATION OPENS **FIND DETAILS AT**

**FRIDAY
MAY 10** www.psd.ca/division/student-wellness/try-me-try-athlon

The graphic features a group of children in orange 'TRY-ME TRY-ATHLON' t-shirts. The background is a blurred outdoor scene with other people. The text is arranged in a clean, modern layout with a green and blue color scheme.

Additionally, on **May 3rd**, we will be celebrating **Educational Assistants (EAs) Appreciation Day**. Our EAs play an invaluable role in supporting student learning and creating an inclusive environment within our school. Please join me in expressing our gratitude for their hard work and dedication.



**Educational Assistants
APPRECIATION DAY**

MAY 3 2024

PARKLAND SCHOOL DIVISION

GENTIL ♥ KIND

The graphic features a photograph of an Educational Assistant (EA) wearing a 'GENTIL ♥ KIND' t-shirt, standing behind two young girls who are sitting at a desk and looking at a book. The background is a classroom setting. The text is arranged in a clean, modern layout with a blue and green color scheme.

As always, I encourage you to stay connected with our school community through our various communication channels. Your partnership is essential in creating a nurturing and enriching environment for our students.

Thank you for your continued support and involvement in our school community. Together, we will overcome any challenge and continue to thrive.

Key dates this month:

- **May 2, 2024** New Student Visit
- **May 8, 2024** Grade 9 Skills Alberta Field Trip
- **May 13, 2024** Grade 9 ELA Part A PAT
- **May 14, 2024** Woodhaven Grade 7-9 Track Meet
- **May 15, 2024** WH Grade 7-9 Track Rain out date
- **May 15, 2024** School Council Meeting 6pm
- **May 16, 2024** Woodhaven Grade 4-6 Track Meet
- **May 17, 2024** PD Day (No School)
- **May 20, 2024** Victoria Day (No School)
- **May 21, 2024** East Zone Track Meet
- **May 22, 2024** WH Grade 4-6 Track Rain out date
- **May 31, 2024** PCAA County Track Meet

Please do not hesitate to reach out should you have any questions or concerns.
Take care,

Nealle Dickson, Principal

General Information

Parent Handbook

Please click [here](#) to view our Parent Handbook for the 2023/2024 School Year

Reporting Absences

To report an absence for your child, please email woodhaven@psd.ca or call and leave a message at the school office (780-962-2626). Please include the student's name, teacher (or grade), and reason for the absence in your message.

Drop-Off & Pick-UP

Our doors open to students at 8:15am when outside supervision begins. If students arrive prior to 8:15, there is no outside supervision. After school supervision is from 3:05 to 3:15pm.

When dropping off your child, please keep the right lane free to allow buses the right of way when entering and exiting the parking lot and do not leave your vehicle unattended in the pickup/dropoff lane.

Visiting Woodhaven

We are happy to welcome you to our beautiful new school. When you arrive at the school, please

check in at the office.

School Fees

Please login to the Parent Portal to view and pay your child's school fees. If you have questions or need assistance, please do not hesitate to contact our school office.

2023-2024 Bell Schedule

Our attendance calls go out automatically at 9:35am. If your child will be late or absent, please let their classroom teacher or the office know.

Bell Times	Breaks and Periods
8:15 - 8:23	Student Arrival
8:25	Students arriving after 8:25 require a late slip
8:30-9:10 am	Block 1
9:10-9:50 am	Block 2
9:50-10:05 am	Recess
10:05-10:45 am	Block 3
10:45-11:25 am	Block 4
11:25-12:05 pm	Block 5
12:05-12:35pm	Lunch Recess
12:35-1:05 pm	Lunch
1:05-1:45 pm	Block 6
1:45-2:25 pm	Block 7
2:25-3:05 pm	Block 8
3:05 pm	Dismissal

Performing Arts

Congratulations to our Woodhaven Performing Arts students for an amazing performance of the One Act play "Screenagers!" Woodhaven classes had the opportunity to see the show on April 22nd and 24th before the cast and crew took the show to the Zone II West One Act Play Festival in Westlock, AB.

Woodhaven won 6 awards at the festival including 2 honourable mentions for acting, best dance, Best Actor, Excellence in Stage Managing and Outstanding Production!

Thank you to all our staff, students and parents for making this year's production a huge success!



Athletics

Track & Field - The month May is a big track & field month. Our students have been working hard in their PE class to prepare for our track meets coming up. Students will not only have the opportunity to compete in their favorite events, but also the opportunity to represent our school at a variety of track meets. Information will be sent home with students who qualify from our Woodhaven track meets to the next competitions.

Here is the list of track meets in May/June:

Elementary Track Meets

- Thursday May 16th Grade 4-5-6 Woodhaven Track Meet
- Wednesday June 5th East Zone Elementary Track Meet @ Westview School

Junior High Track Meets

- Tuesday May 14th Grade 7-8-9 Woodhaven Track Meet
- Tuesday May 21st East Zone Track Meet @ Westview School
- Friday May 31st PCAA Division Track Meet @ Westview School
- Tuesday June 4th Zone 5 Track Meet in Sherwood Park

Badminton - Our Junior and Senior teams will be wrapping up their season in the PCAA badminton county championship May 6-9th. Games will be happening at a variety of schools in Spruce Grove and Stony Plain, including many here at Woodhaven. Good luck Wolfpack!

Spring League Basketball - The sounds of basketballs bouncing have filled the gym after school for the past month. The return of our Woodhaven Spring League basketball has been a huge success. This year we welcomed the grade 4's from Brookwood and some grade 6's from Parkland Village to join our current grade 5 & 6 students in the league. All in total we have over 110 students participating. The league was kicked off with a skills camp and then the students were split into a variety of different teams for game play. Each day new basketball rules and skills have been introduced. The coaches are current grade 7-8-9 Woodhaven students and the refs are all former Woodhaven students giving back! A huge thanks goes out to Mr. Chan for all of his time and efforts organizing the league.

Soccer - Our Woodhaven Soccer team has been formed and their season has started. This year our team is once again a co-ed team that is playing in the PCAA division 1 league. Thanks to our coaches Mrs. Stavreski and Ms. Furminger for making this team possible.

Student vs Staff Hockey Game- Our annual student vs staff hockey game is scheduled for the afternoon on Thursday May 2nd at Grant Fuhr arena. This event is always a highlight of the school year!

Instagram - Follow us on our Athletics Instagram Account @WoodhavenAthletics
<http://www.instagram.com/woodhavenathletics/>

Calendar

Our School Calendar has changed from last year...and boy is it more user friendly than the previous calendar. As it is no longer a google calendar, all you have to do is go to the [calendar on our website](#) and click on one of:

[Download to iCal](#) [Add to Google Calendar](#) [Subscribe to Calendar](#)

located at the top of the calendar on our website. You can then search by grade level, event or topic to find information you are looking for as needed.

School Council & Parent Association

WE WANT YOU TO JOIN US!

School Council News

Please email: woodhaven.scchair@partner.psd.ca if you are interested in joining our school council committee as our secretary or if you have any questions.

Woodhaven Parent Association News (Fundraising)

We really need parent support to help start up and keep our fundraising programs running. The time commitment really can be as much or as little as you can give. Please consider coming out and joining us!

School Council Meeting & Parent Association Meeting:
Wednesday, May 15 @6:00pm at Woodhaven School.
Come and meet fellow parents and learn what is going on in our school and Parkland School Division!

Message from our Counsellor- Mrs Scheidl



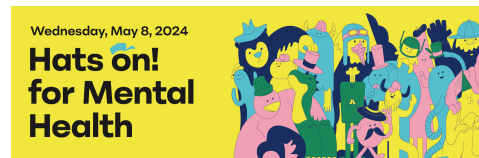
AHH... May is here. Time to enjoy the outdoors more often and get in some great [mindfulness challenges](#)!!!! Here are some more [challenges](#) you and your family/students may enjoy.

We will be celebrating these National events this month with many classroom lessons to focus and strengthen our Mental Health:

May 6-10 [Canada Mental Health Week](#)

May 8 - *Hats on for Mental Health Day*

Students will be wearing fun/favorite hats to school this day to remind us to be kind to ourselves and others.



Parent Learning Opportunities

Check out this month's [Newsletter from AHS](#) Caregiver Education Series. Sessions are virtual and timely - registration is required. Some sessions are for adults and some are for youth. See link above for more information and registration information.

Caregiver Education Sessions

Understanding Anxiety

Part 1- **An Introduction**

Wednesday, May 1 12:00 – 1:00 pm

Part 2 - **Calming Our Bodies** Wednesday, May 8 12:00 – 1:00 pm
Part 3 - **Settling Our Minds** Wednesday, May 22 12:00 – 1:00 pm
Part 4 - **Overcoming Avoidance** Wednesday, May 29 12:00 – 1:00 pm

Test Anxiety: Strategies for Success (For Parents and Teens to attend together)

Monday, June 3 6:00 – 7:30 pm

New! Wellness Exchange Series

Part 1: **Problem Solving** Wednesday, April 3 - 6:00-7:30 pm
Part 2: **Positive Activities** Wednesday, April 17 - 6:00-7:30 pm
Part 3: **Managing Reactions** Wednesday, May 1 - 6:00-7:30 pm
Part 4: **Helpful Thinking** Wednesday, May 15 - 6:00-7:30 pm
Part 5: **Healthy Connections** Wednesday, May 29 - 6:00-7:30 pm

To register, click [HERE](#) or go to: www.cyfcaregivereducation.ca

Help For Hard Times - [click here for support numbers](#)

[Here is the Stronger Together Newsletter.](#) It has a focus on Mental Health, as May is Mental Health Month.

Career Fair Update- A special **THANK YOU** to all our volunteers and presenters who came to share and inspire our students about different career fields - We **APPRECIATE** you!



Thursday May 9th, 2024

6:30 - 7:30

Westview School Library

*Having a Hard Time Getting your
Teen to School?*

Let's Talk About It!



Presenter

Julie DeRose

Registered Provisional Psychologist

Owner of Open Door Psychology

*Former Teacher and School
Counsellor*

Topics to be discussed:

- ✓ Challenges with your teen in the morning
- ✓ Positive and negative stress
- ✓ Resiliency and reasonable expectations
- ✓ Tips and support with parenting a reluctant child/teenager
- ✓ Avoidance and impact on future outcome



[RSVP Here!](#)

